



**SANDBACH FOOTPATH GROUP**  
**Wheelock Rail Trail and the Trent & Mersey Canal.**  
**NO STILE**  
 Starting at Hind Heath Lane, 3 miles, or  
 for the extended walk, 4 miles.  
 Starting from Wheelock Green Bank, about 4.2 miles.

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Join the canal to walk the towpath with the canal on your left.

Go under railway bridge.

Pass Rookery Tavern, or call in for halfway refreshments.

As you approach some buildings on the left, turn left into a ginnel. At end of ginnel, go across Hind Heath Road into Proctors Lane.

Follow Proctors Lane and keep straight as it merges into Elton Road.

**START / FINISH at Footbridge on Hind Heath Lane. 3 miles**  
 Go down steps to Wheelock Rail Trail and turn left to follow the Trail toward Etitley Heath.

At the end of Smithy Walk follow a ginnel. And then turn left onto Marriot Road, turn right into Radcliffe Road.

At end of Radcliffe Road, go left on Oldfield Road, then right into Armistead Road. At Hind Heath Road, go left, then second right is Hind Heath Lane and finish.

**ALTERNATIVE finish, turn right after going under Crewe Road, then downhill via Wheelock and return to Green Bank.**

**Extended.** Where the towpath joins the Rail Trail, turn sharp left over the bridge to follow the Trail back to Hind Heath Lane.

Continue on towpath.

Look out for the football field the other side of the hedge to your right and go under a bridge.

About 50m after the bridge, go into the field and back to the canal bridge to cross the canal and go straight across the road into Smithy Walk.

**EXTENDED WALK, total 4 miles.** Continue for 0.8 mile on the towpath, canal on your left, under Crewe Road bridge to meet the Rail Trail.

**ALTERNATIVE START / FINISH, Wheelock Green Bank.** About 4.2 miles. Follow Cotton Lane to canal and turn right, canal on your left, to the Rail Trail.