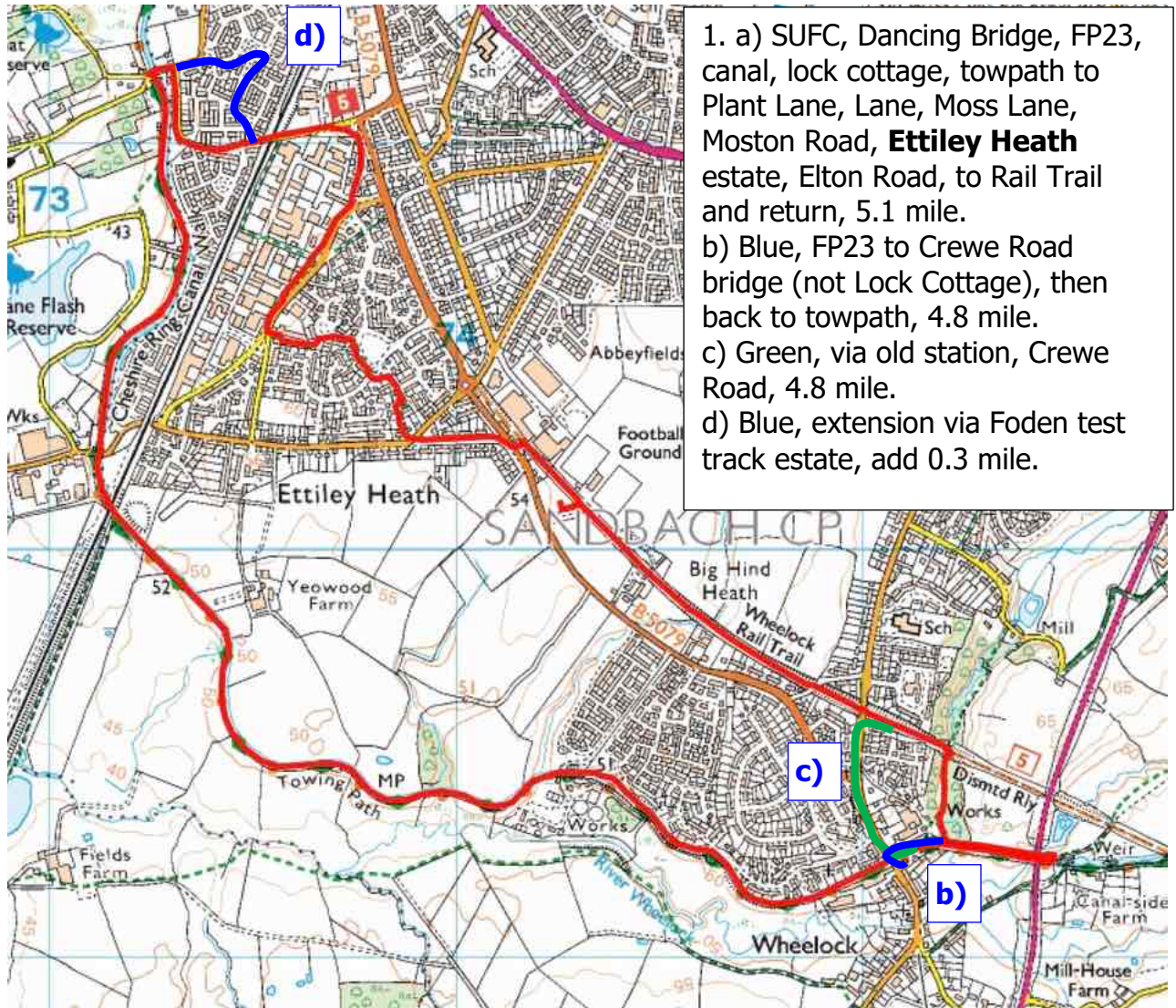


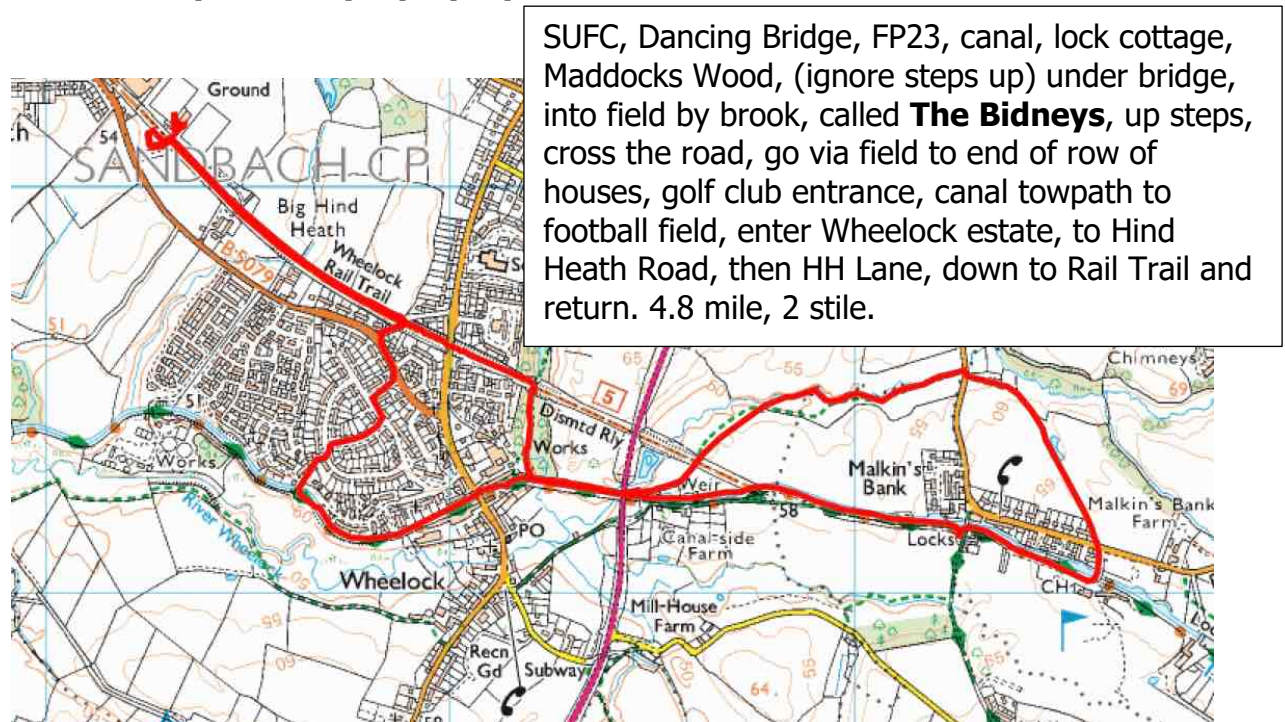
Walks from SUFC

No stile unless otherwise stated



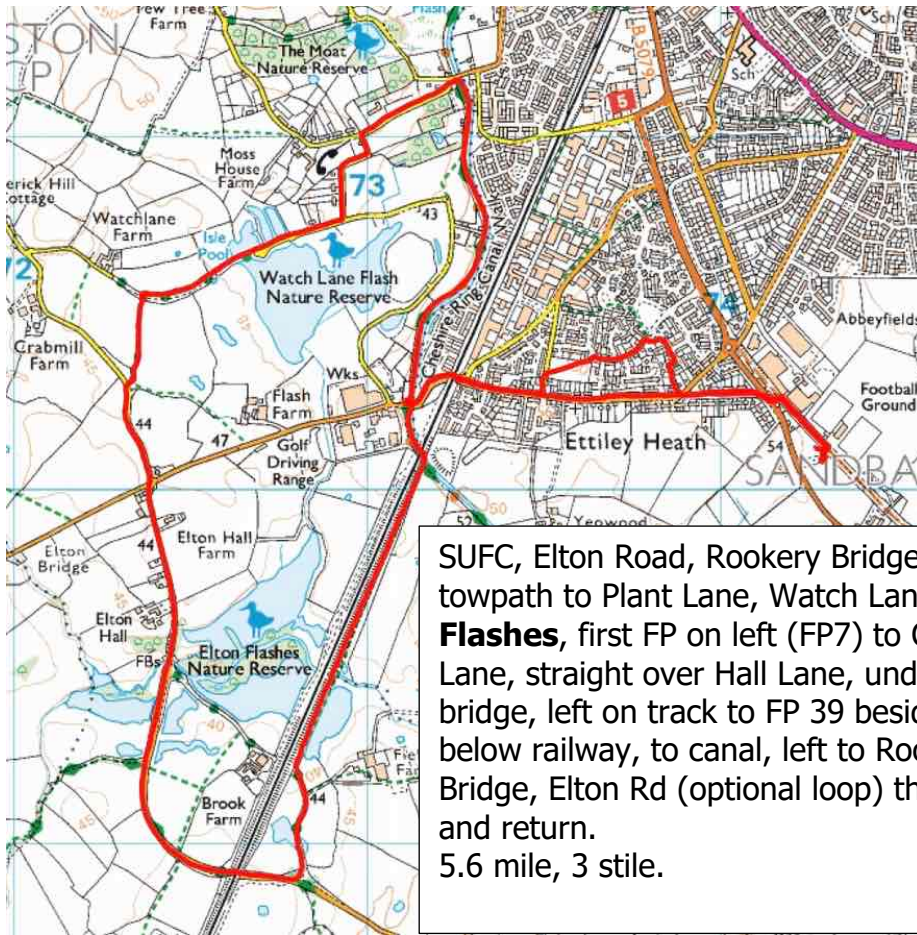
1. a) SUFC, Dancing Bridge, FP23, canal, lock cottage, towpath to Plant Lane, Lane, Moss Lane, Moston Road, **Ettiley Heath** estate, Elton Road, to Rail Trail and return, 5.1 mile.
b) Blue, FP23 to Crewe Road bridge (not Lock Cottage), then back to towpath, 4.8 mile.
c) Green, via old station, Crewe Road, 4.8 mile.
d) Blue, extension via Foden test track estate, add 0.3 mile.

1. Ettiley Heath a), b), c), d).



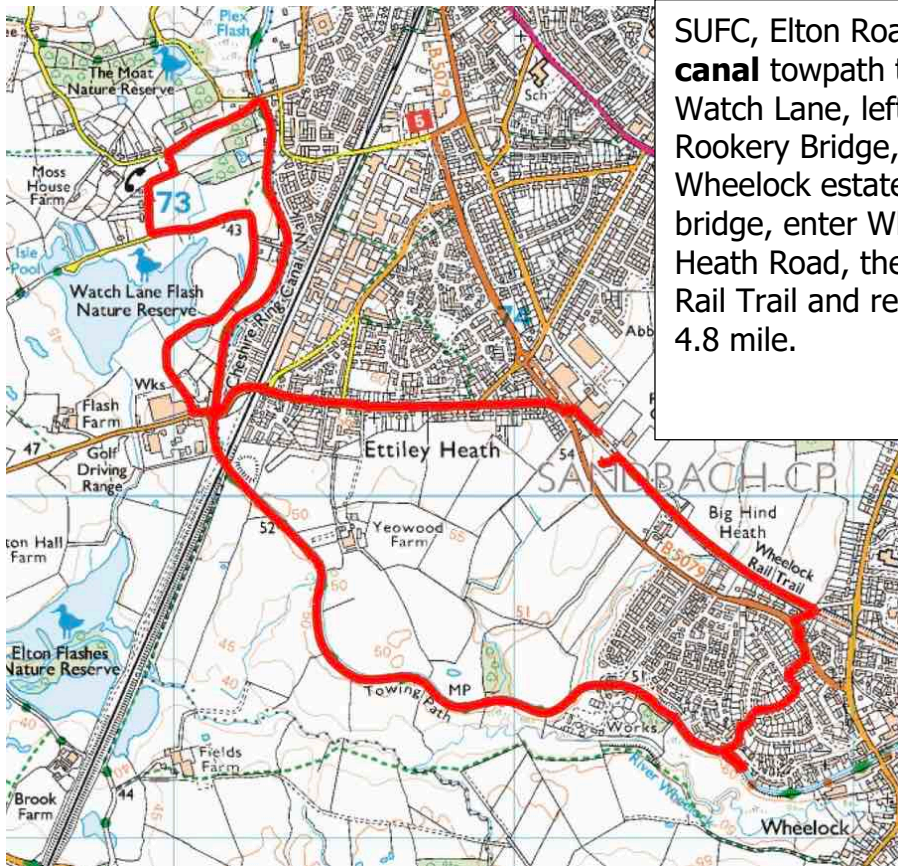
SUFC, Dancing Bridge, FP23, canal, lock cottage, Maddocks Wood, (ignore steps up) under bridge, into field by brook, called **The Bidneys**, up steps, cross the road, go via field to end of row of houses, golf club entrance, canal towpath to football field, enter Wheelock estate, to Hind Heath Road, then HH Lane, down to Rail Trail and return. 4.8 mile, 2 stile.

2. The Bidneys - 2 stiles



SUFC, Elton Road, Rookery Bridge, canal towpath to Plant Lane, Watch Lane, via **the Flashes**, first FP on left (FP7) to Crabmill Lane, straight over Hall Lane, under rail bridge, left on track to FP 39 beside and below railway, to canal, left to Rookery Bridge, Elton Rd (optional loop) then Rail Trail and return.
5.6 mile, 3 stile.

3. The Flashes 5.6mile, 3 stile



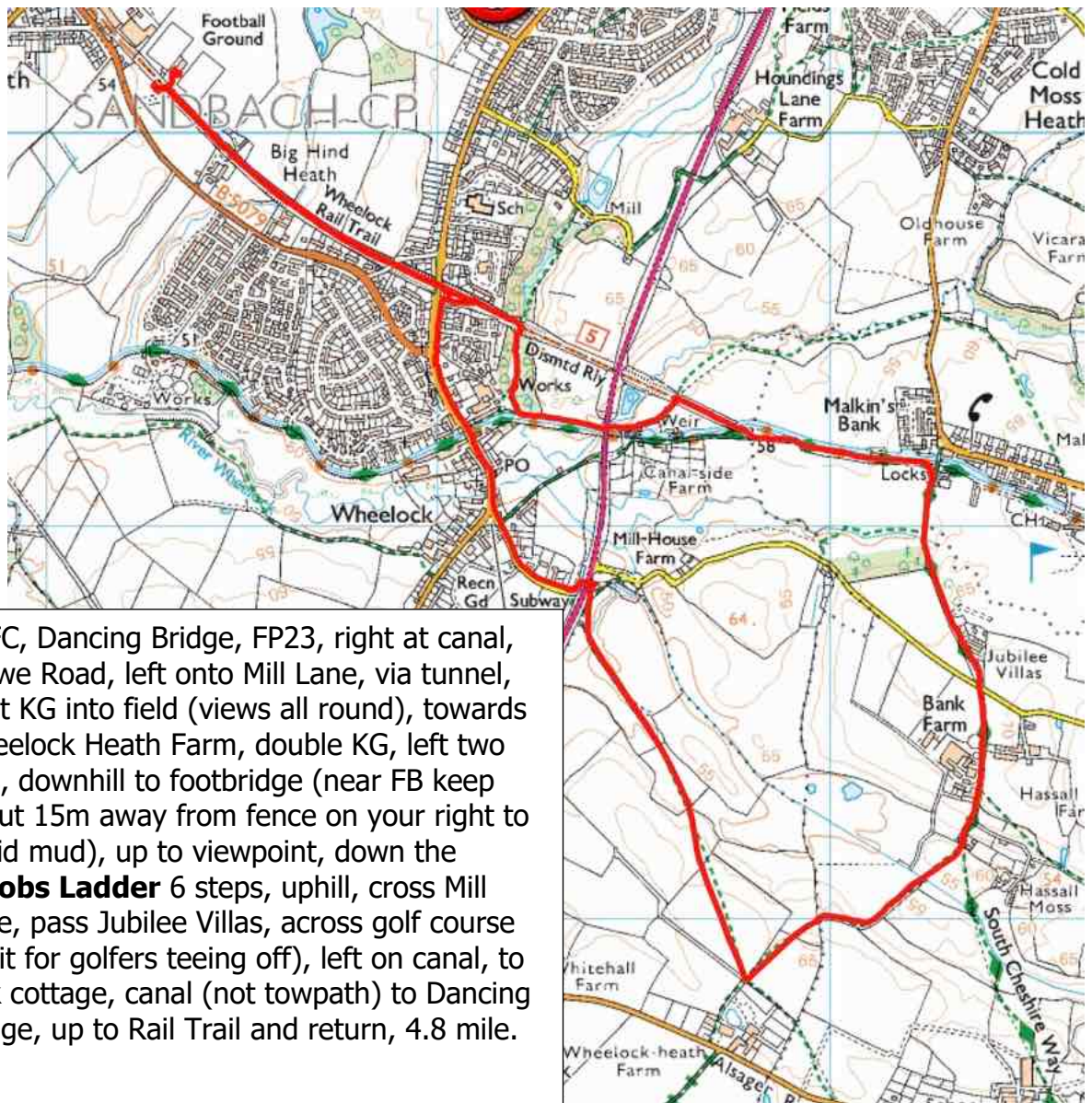
SUFC, Elton Road, Rookery Bridge, **canal** towpath to Plant Lane, left onto Watch Lane, left onto **Red Lane**, Rookery Bridge, canal towpath to Wheelock estate football field, over bridge, enter Wheelock estate, to Hind Heath Road, then HH Lane, down to Rail Trail and return,
4.8 mile.

4. Canal and Red Lane 4.8 mile



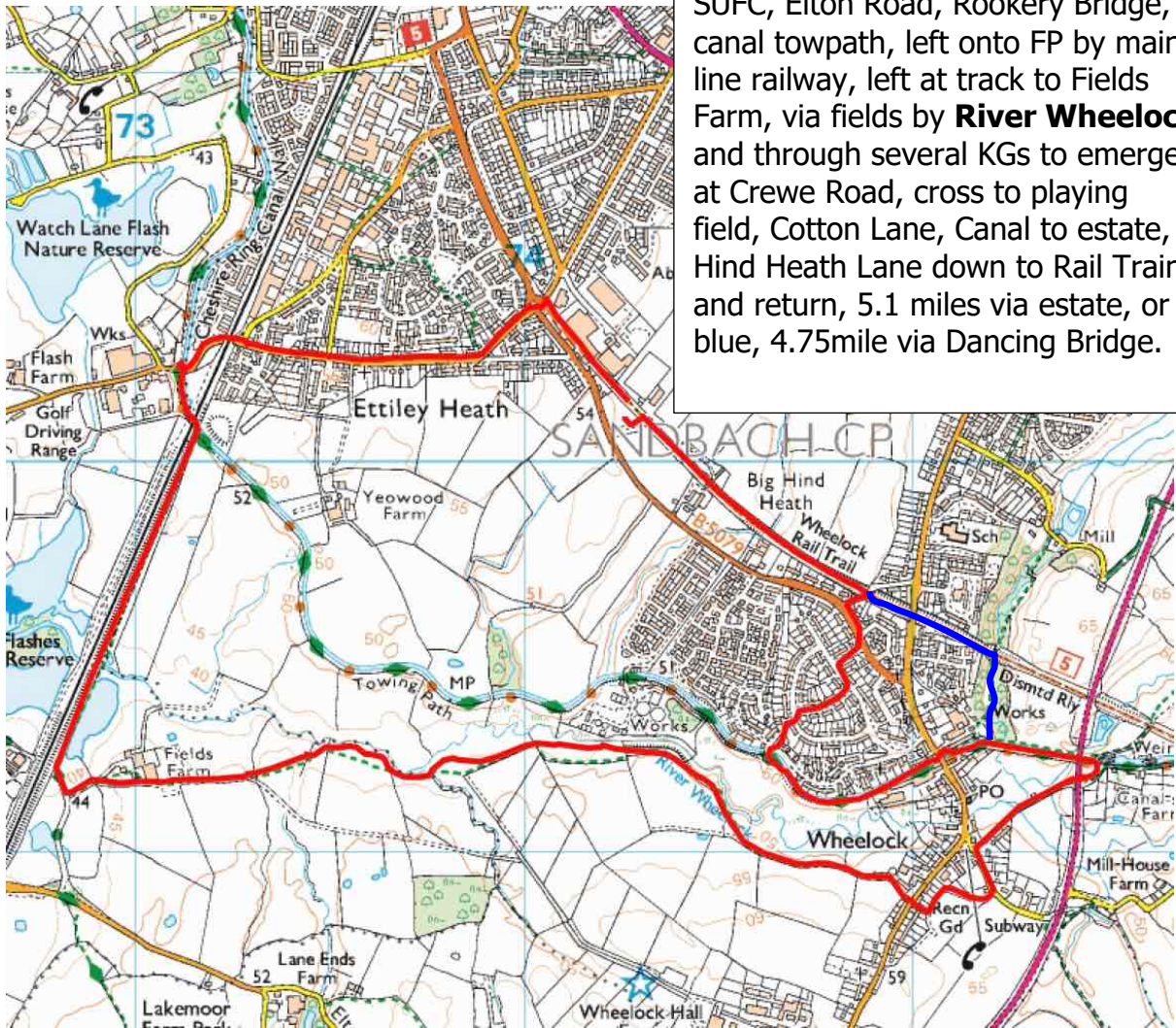
SUFC, Dancing Bridge, FP23, canal, lock cottage, Maddocks Wood, up steps to Rail Trail and right, to **Iron Bridge**, back on towpath all way to Rookery Bridge, Elton Road to Rail Trail and return, 4.9 mile.

5. Iron Bridge, canal, Elton Road, 4.9 mile



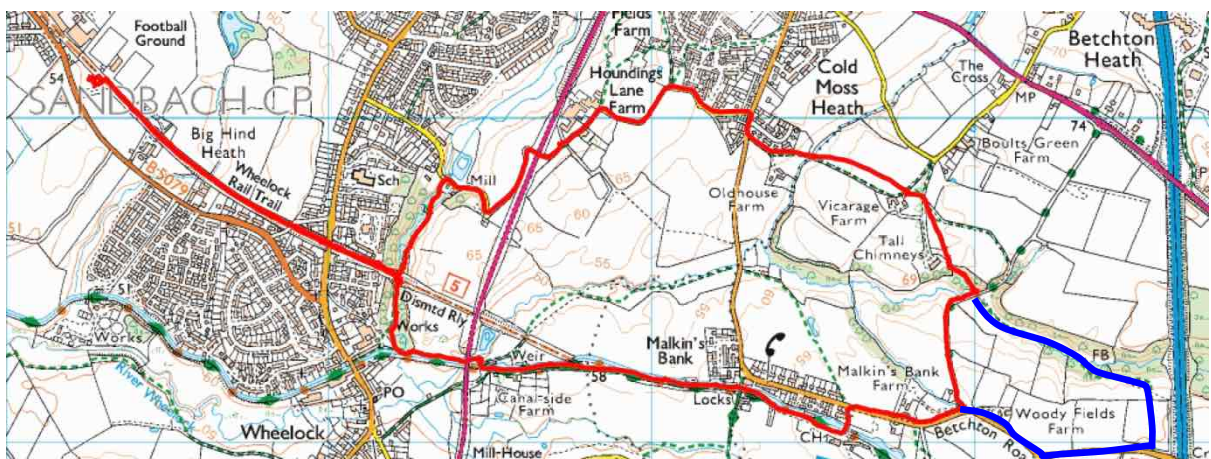
SUFC, Dancing Bridge, FP23, right at canal, Crewe Road, left onto Mill Lane, via tunnel, right KG into field (views all round), towards Wheelock Heath Farm, double KG, left two KGs, downhill to footbridge (near FB keep about 15m away from fence on your right to avoid mud), up to viewpoint, down the **Jacobs Ladder** 6 steps, uphill, cross Mill Lane, pass Jubilee Villas, across golf course (wait for golfers teeing off), left on canal, to lock cottage, canal (not towpath) to Dancing Bridge, up to Rail Trail and return, 4.8 mile.

6. Jacobs Ladder, may be quite muddy, except in dry weather, 4.8 mile



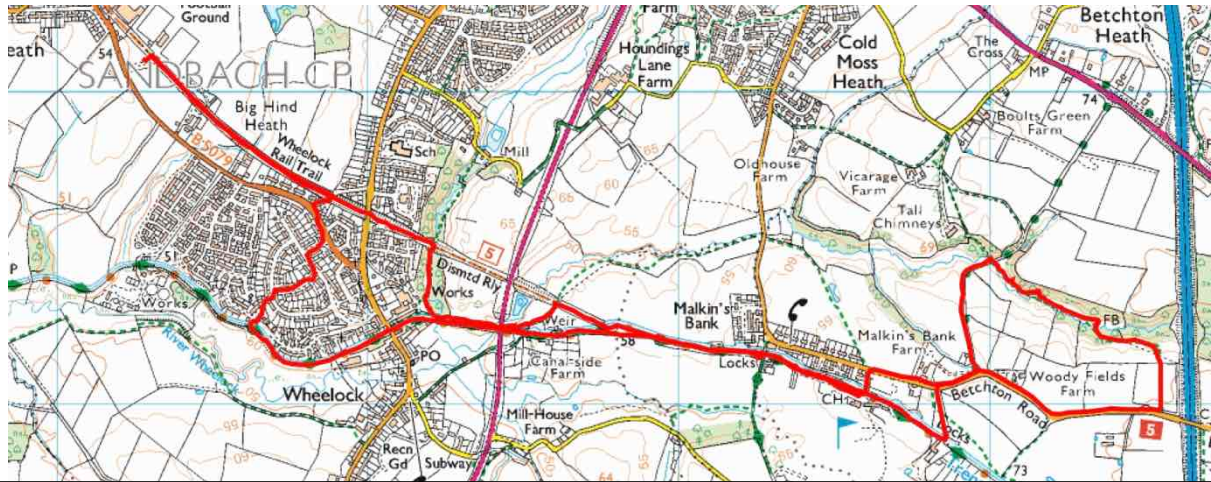
SUFC, Elton Road, Rookery Bridge, canal towpath, left onto FP by main line railway, left at track to Fields Farm, via fields by **River Wheelock** and through several KGs to emerge at Crewe Road, cross to playing field, Cotton Lane, Canal to estate, Hind Heath Lane down to Rail Train and return, 5.1 miles via estate, or blue, 4.75mile via Dancing Bridge.

7. River Wheelock, 5.1 miles (4.75 miles via Dancing Bridge)



SUFC, a) Rail Trail to Dancing Bridge, down to Houndings Lane, Vicarage, Farm, **Tall Chimneys**, Stannerhouse Lane Betchton Road, Malkins Bank Golf, canal, Lock cottage, Dancing Bridge, up to Rail Train and return 5 miles, no stile.
 b) Blue, as above, but at Stannerhouse Lane go straight through two KGs, **Betchton Valley**, over footbridge, up to fields and then right on Betchton Road, passing Stannerhouse then as (a) above, 5.6 mile, 4 stiles.

8. Tall Chimneys, a) 5 mile no stile, or b) blue, via Betchton Valley 5.6 mile 4 stile.



SUFC, Rail Trail to Dancing Bridge, down to Brook, to canal, Lock Cottage, Maddocks Wood, up steps to Rail Trail, right to Iron bridge, canal to Malkins Bank, Betchton Road, left into **Stannerhouse Lane**, right at **Betchton Valley** through KG, follow valley, over footbridge, up to fields and then right on Betchton Road, passing Stannerhouse Lane, into Malkins Bank Golf, canal, to football field into Wheelock estate, Hind Heath Lane, down steps to Rail Trail and return, 6 mile, 4 stile.

9. Stannerhouse Lane and Betchton Valley, 6 mile, 4 stile